Housing Directly Affects Health

Housing-related Problem

Direct Results

Health Outcomes

Low Quality Housing



- High moisture leading to mold & pests
- Lead in paint or water supply
- Inadequate lighting, heating, ventilation
- Working stove & refrigerator



- •Exacerbations of asthma or other respiratory diseases
- •lead poisoning
- Obesity
- Mental health disorders (depression, anxiety, distress)
- Increased smoking

Housing Insecurity & Homelessness



- Multiple moves per year
- Various living conditions (see above)
- Exposure to the elements
- Exposure to victimization
- Exposure to infectious agents
- Lack of sanitary facilities



- Skin disorders
- Tuberculosis
- •Chronic health conditions (asthma, COPD, diabetes, high blood pressure)
- •Increased ER use
- •Early death

Neighborhoods



- Safety & violence
- Proximity to healthy foods
- •Green spaces: walkable sidewalks, parks & playgrounds
- Proximity to employment opportunities
- Proximity to healthcare facilities and community resources
- Transportation options



- •Increased smoking rates
- •Increased alcohol or substance use
- Risky sexual behaviors
- Less healthy diets
- Less physically active
- Reduced access to healthcare or other needed resources